

# Introductory Colonic

- 1st appointment only
- All waivers and releases signed prior to receiving your colonic enema.
- 10 minutes, in person consultation prior to getting your colonic enema.
- Allow 1 hour & 15 minutes for service.
- 24-hour cancelation policy applies.
- Payment required in full no less than 72 hours prior to appointment time.
- No refunds or exchanges within the 72-hour of your appointment.
- No other specials, credits, or offers apply.
- Additional consultation needs to be arranged prior to arrival, will be an additional cost, and may require rescheduling.
- See the appropriate medical provider if concerned about your condition prior to receiving a colonic enema. If it is determined, at the time of your appointment, that a medical evaluation is required prior to receiving a colonic enema, the basic intro payment will be forfeited.
- The process of being on the colonic enema table is a client's opportunity to experience the responsibility of feeling bowel pressure with the gentle <.5 psi water pressure, actively push out stool, and repeat this 'pressure/push' over the course of 30 minutes in a quiet, private room. The disposable speculum is smaller in diameter than a pencil (2.0mm) and is self-inserted 1.5" into the rectal canal. A bell is provided should assistance be needed during the service, otherwise the client is re-training or maintaining their colons (peristalsis muscle) to respond in a manner that is more conducive to regular bowel movements.
- Mardell Hill is available to comfort the client before, during, and after the service. Mardell Hill is not able to predict your medical needs, diagnosis, prognosis, or prescribe in any way. Any questions that pertain to past or current medical concerns should be discussed with the appropriate medical care provider prior to receiving a colonic enema.

The introductory colonic enema is perfect for the client that wants to just get it done, no extensive conversation about your health or health issues. You are in good health, without extensive questions and have seen the appropriate medical care provider/s for any necessary questions prior to getting a colonic enema.

For whatever reason, lifestyle or dietary changes, just cleaning out, ate something that didn't work out well, or just plain curious. Just get it done colonic enema!

For best results following your colonic enema, be sure to intake electrolytes, greens, and probiotics within 30 minutes.

**I have chosen this Introductory colonic and understand and agree with the terms and conditions.**

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Name

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Date

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Signature